

Bicycle Riding

Bicycle helmets are required at all times and reflective vests must be worn between sunset and sunrise. The helmet must be approved by the Consumer Product Safety Commission, American National Standards Institute, or Snell Memorial Foundation. Helmet chin straps are required to be secured, buckled, or snapped together at all times during operation of the bicycle. All Bicycles will:

- Be operated by the rider with both hands on the handlebars at all times except when giving hand signals.
- Be equipped with brakes, which will enable the operator to make one wheel skid on dry, clean pavement.
- Be operated as near to the right side of the roadway as practical, exercising due care when passing a standing vehicle or being passed by a motor vehicle proceeding in the same direction.
- Not ridden by more than one person astride, each permanent and regular seat attached to it. Child seats, when attached properly, are authorized.
- Not attached to any other moving object as an aid to propulsion.
- Not altered in any manner to raise the handlebars to a position in which the bars would be above shoulder height.
- If operated in darkness, be equipped with a lamp emitting a white light visible from a distance of at least 500 feet in front of the bicycle and with a red reflector on the rear and side reflectors on each wheel that reflect at least 600 feet each way.
- Be ridden with due regard for pedestrians whenever operated on a sidewalk or crosswalk.

Bicycle PPE

For your safety, please ensure you are using the correct Personal Protective Equipment (PPE).



Bicycle/Skateboard/Kick Scooter/Roller Skate PPE Safety Guide



Please contact U.S. Naval Base Guam Safety Office at 339-SAFE (7233) for more information on Bicycle/Skateboard/Kick Scooter/Roller Skates (PPE) Safety Guide

References

- NAVBASEGUAMINST 5560.2E CH-1 Traffic Control Program
- OPNAV M-5100.23

Emergency Contacts

- Emergency: 911 or 339-3414
- Navy Fire and Rescue: 333-4357
- USCG Sector Guam: 355-4821/4/6
- Naval Base CDO: 488-7147

Kick (Push) Scooters

Although scooters are not authorized onboard the installation, except in housing areas and the MWR skateboard park, please have:

- A helmet, knee pads and elbow pads must be worn.
- Helmet chin straps are required to be secured, buckled or snapped together at all times during operation of the scooter.

Safety Note:

Parents should monitor the skating and skateboarding of minor dependents, and the use of scooters especially on roads and sidewalks within housing areas.

Roller/Inline Skates

Roller Skating is authorized in housing areas and on bike paths and sidewalks during daylight hours only, please have:

- An approved helmet must be worn at all times.
- Helmet chin straps are required to be secured, buckled or snapped together at all times during operation of the roller skates/ in the states.

Safety Note:

Parents should monitor the skating of minor dependents, especially on roads and sidewalks within housing areas.

Kick Scooter & Roller Skates PPE



Skateboards PPE

Although skateboarding is not authorized onboard the installation, except in housing areas and the MWR skateboard park, please have:

- A helmet, knee pads and elbow pads must be worn.
- Helmet chin straps are required to be secured, buckled or snapped together at all times during operation of the skateboard.

Safety Note:

Again, parents should monitor the skateboarding of minor dependents, especially on roads and sidewalks within housing areas.

